

# IDDSI Abbreviations



7 Regular	RG7
7 Easy To Chew	EC7
6 Soft & Bite-Sized	SB6
5 Minced & Moist	MM5
4 Pureed	PU4
4 Extremely Thick	EX4
3 Liquidised	LQ3
3 Moderately Thick	MO3
2 Mildly Thick	MT2
1 Slightly Thick	ST1
0 Thin	TN0

*Abbreviations suitable  
for use with  
Foodservice  
Computer Software*

## About the IDDSI abbreviations...

The IDDSI abbreviations have been checked against and are in accordance with the advice from the Institute for Safe Medical Practices List of Error-prone abbreviations, symbols and dose designations.

Potentially confusing abbreviations have been avoided (e.g. MD = Medical Doctor; ML = millilitre)

Numbers occur at the end of the abbreviations to ensure that they are not confused for 'number of meals or drinks ordered'.

Abbreviations retain the core of the IDDSI label - e.g. SB6 acknowledges both 'Soft' & 'Bite-Sized'.

IDDSI is grateful to the Foodservice Computer Software, hospital, aged care and health professional stakeholders who reviewed and provided feedback on the abbreviations.

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