



Greetings from the Communication & Advocacy Committee! Welcome to our current E-BITE. Please enjoy and continue to share your news with us at [usa.communications@iddsi.net](mailto:usa.communications@iddsi.net)

**United States IDDSI Reference Group  
Newsletter for Dec 2022—Jan 2023**

**The IDDSI USIRG wishes you and yours a healthy & happy holiday season and a bright start to 2023.**

**In this newsletter, we send you cheer from ASHA 2022 in New Orleans, LA...what a great way to close out a successful year of IDDSI education across the USA!**

Thanks to ASHA for our IDDSI Booth.

IDDSI Education was front & center with ASHA Participants, gaining an audience in both Peds & Adults thanks to these presenters!



**ABOVE:** Presenters (also listed on the screen) are pictured here from left to right Laura Brooks, M.Ed., CCC-SLP, BCS-S, Anais Villaluna, MS, CCC-SLP, BCS-S, CLC and Rose Britt, RDN, CNSC.

**BELOW:** IDDSI Resource Group participants pictured from left to right Rob Melchionna, MS, CCC-SLP, BCS-S, Deidre Larsen, MA, CCC-SLP, Mary Casper, MA, CCC-SLP, ASHA Fellow, FNAP, JoBeth Vance MS, CCC-SLP, BCS-S.



## MORE FAMILIAR FACES FROM THE USIRG at ASHA 2022!

BELOW: Laura Brooks, USIRG Pediatric Committee Lead, Peter Lam, USIRG Co-Char & Mary Casper, ASHA Fellow.



Laura Brooks, John Holihan (SimplyThick), Anais Villaluna and Peter Lam (USIRG Co-Chair) at the IDDSI booth.



BELOW: Laura Brooks with Peter Lam and Rob Melchionna...say "IDDSI!"



Congrats to Celia, our Insta Contest ASHA 2022 winner from NYU's Swallow Lab!



**IDDSI contest!!!!**  
WHO WANTS TO WIN A  
\$100 GIFT CARD  
AND BE FEATURED ON  
IDDSI INSTAGRAM???

TAKE A PICTURE OF ANY  
**IDDSI TESTING METHOD**  
YOU HAVE USED  
IN NEW ORLEANS ASHA 2022 AND SEND TO  
[USA.COMMUNICATIONS@IDDSI.NET](mailto:USA.COMMUNICATIONS@IDDSI.NET)  
USIRG WILL VOTE- STAY TUNED FOR  
ANNOUNCEMENT OF THE WINNER

**\*ALSO COME SEE US AT OUR IDDSI BOOTH  
WE WOULD LOVE TO MEET YOU\***



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The IDDSI USIRG is so proud to announce our Jell-O FAQ is posted on the website thanks to the US Best Practices Committee! More excellent learning with IDDSI is available through our published resources.

So.....what is Jell-O in the US considered? **CLICK & READ** to learn more here from the USIRG's newest IDDSI.org publication:

<https://iddsi.org/IDDSI/media/images/Posters/GELATIN-JELLO-FAQ-USIRG-CHART-FINAL.pdf>

**In summary...Jell-O in the US is typically a Level 7! When in doubt, test it out.**

**Remember that the IDDSI Framework cannot change, but the diet order can be individualized. Person-centered diet orders specify an individual's needs within and outside the IDDSI Framework. The medical team works in collaboration with the person's wishes, preferences, goals of care, and individual abilities. Risks and benefits may be addressed in the informed consent process. Clear orders, communication, and documentation are key to person-centered care.**

