⬡ THIN ◭ 1 SLIGHTLY THICK ◭ 2 MILDLY THICK ▽ 3 MODERATELY THICK ▽ 3 LIQUIDISED

IDDSI Audit Tool

IDDSI
International Dysphagia Diet
Standardisation Initiative

Liquid or product tested			
If heated, heating method(s)			
Temperature when tested at:	°C/°F time of service	°C/°F 15 mins after serving	°C/°F 30 mins after serving

Instructions

- Liquid <u>critical</u> tests include **IDDSI Flow test for ALL liquids PLUS Fork Drip Test for Level 3.**
- Liquid item must pass or meet criteria for any row marked *

Tests: Suitable for drinks, soups, nutritional supplements, gravies, sauces, liquid medications		Meets criteria at		
		Time of service	15 mins after serving	30 mins after serving
Critical: Appearance				
* Smooth liquids with no 'bits' (no lumps, fibres, shell, skin, husks, bone, or gristle)		☐Yes ☐No	☐Yes ☐No	☐Yes ☐No
Critical: IDDSI Flow Test (10mL Syringe measuring 61.5mm from 0-10mL lines needed)				
* Level 0 Thin	Less than 1 mL remaining after 10 secs flow	☐Yes ☐No	☐Yes ☐No	☐Yes ☐No
* Level 1 Slightly thick	1-4 mL remaining after 10 secs flow	☐Yes ☐No	☐Yes ☐No	☐Yes ☐No
* Level 2 Mildly thick	4-8 mL remaining after 10 secs flow	☐Yes ☐No	☐Yes ☐No	☐Yes ☐No
* Level 3 Moderately Thick/Liquidised	>8 mL remaining after 10 secs flow then proceed and perform Fork Drip Test*	☐Yes ☐No	☐Yes ☐No	☐Yes ☐No
Critical: Fork Drip Test – Only for Level 3 - Moderately Thick/Liquidised				
* Moderately Thick Liquid/Liquidised Food drips slowly in dollops through prongs of a fork		☐Yes ☐No	☐Yes ☐No	☐Yes ☐No
Fork Pressure Test – Only for Level 3 - Moderately Thick/Liquidised				
Prongs of fork do not leave a clear pattern when pressed on the surface		☐Yes ☐No	☐Yes ☐No	☐Yes ☐No
OVERALL CONCLUSION: Does the sample meet the criteria for:				
Level 0 Thin?		☐**Yes** ☐**No**	☐**Yes** ☐**No**	☐**Yes** ☐**No**
Level 1 Slightly Thick?		☐**Yes** ☐**No**	☐**Yes** ☐**No**	☐**Yes** ☐**No**
Level 2 Mildly Thick?		☐**Yes** ☐**No**	☐**Yes** ☐**No**	☐**Yes** ☐**No**
Level 3 Moderately Thick/Liquidised? – both Flow Test & Fork Drip Test		☐**Yes** ☐**No**	☐**Yes** ☐**No**	☐**Yes** ☐**No**

Notes: * Please see also https://iddsi.org/framework/drink-testing-methods/ for IDDSI Flow Test and https://iddsi.org/framework/food-testing-methods/ for Fork Drip Test.